

## Fried Rice 炒飯

- D1. Chicken Fried Rice 雞炒飯 .....8.95  
 D2. Mermaid Fried Rice 西施炒飯...10.95  
*Scallop, Shrimp and green bean*  
 D3. Beef Fried Rice 牛炒飯.....9.95  
 D4. Shrimp Fried Rice 蝦仁炒飯.....9.95  
 D5. XO Fried Rice XO醬炒飯.....11.95

## Entree 炒菜

- E1. Mapo Tofu 麻婆豆腐 .....9.95  
*Bean curd with mince and chili oil*  
 E2. Baby Bokchoy 蒜蓉小白菜 .....8.95



## Dessert 甜點

- Green Tea Mochi Ice Cream  
 綠茶抹茶冰淇淋.....3.50  
 Red Bean Mochi Ice Cream  
 紅豆抹茶冰淇淋.....3.50  
 Mango Mochi Ice Cream  
 芒果抹茶冰淇淋.....1.50

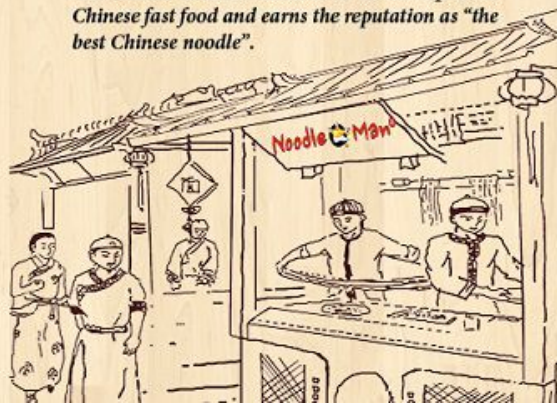
## Drinks 飲料

- Soda 汽水 .....1.50  
 Herbal Tea 王老吉.....2.00  
 Juice 果汁 (Apple/ Orange).....2.00

## 【蘭州牛肉拉麵】

中國人喜食麵條真可謂做工精細，十分講究麵條的做法豐富，有拉麵、抻麵、刀削麵、手擀面等，享有中國十大名麵條之一的“蘭州拉麵”是採用十幾種天然香料秘製而成，尤其麵條筋道，湯清味鮮，風味獨特是甘肅省蘭州地區的風味小吃，由回族人“馬保子”以一清（湯）二白（蘿蔔白）三紅（辣椒油）四綠（蔥花 香菜）五黃（麵條黃亮）統一了蘭州拉麵的標準，並被中國烹飪協會評為“三大中式快餐”之一，得到美譽“中華第一面”

Chinese noodles originated during the Han dynasty in 206 BC and vary widely according to the region of production, ingredients, shape or width, and manner of preparation. They are an important part of most regional cuisines within China and boiled noodles represent one of the core staples of Chinese cuisine. Chinese people prefer noodles that have fine workmanship and they are very particular about the types and practices used to make noodles including hand-pulled, knife sliced, Ramen or handmade. At Noodle Man you can enjoy one of China's top ten noodles "Lanzhou Noodles", its use of natural spices with many "Noodle Chef" secrets used to produce a chewy, delicious flavor infused with beef, pork, chicken or seafood. This unique flavor is the preferred dish in the Gansu Lanzhou Region by the Hui people. Favorites are "Ma Baozi" with a clear soup, red chili or green onion soup or bright noodle Soup. The Lanzhou noodle was named by the Chinese Cuisine Association as the top three Chinese fast food and earns the reputation as "the best Chinese noodle".



# Noodle Man 麵



Dine In & Take Out

1047 Independence Blvd,  
 Virginia beach, VA 23455

**Tel.: 757-222-9666**

[www.noodlemanva.com](http://www.noodlemanva.com)





## Appetizers 前菜

- A 1. Honey Teriyaki Shrimp(6) ..... 7.95  
燒汁蝦球
- A 2. Fried Salt & Spicy Squid ..... 6.45  
椒鹽魷魚
- A 3. Fried Salt & Spicy Shrimp(6) 7.95  
椒鹽蝦
- A 4. Fried Salt & Spicy Wings(6) 5.95  
椒鹽雞翅
- A 5. Fried Salt & Spicy Pork Chop 6.50  
椒鹽骨
- A 6. Chicken & Shrimp Spring Roll (2) ..... 3.95  
雞絲蝦春卷
- A 7. Vegetable Spring Roll (2) 3.50  
上海春卷 (素)
- A 8. Fried Crab Wonton (6) .... 4.75  
炸蟹角
- A 9. Beef Pancake (2) ..... 5.50  
牛肉餡餅  
*Beef, onion and green onion*
- A10. Vegetable Pancake (2) .... 5.50  
素三鮮餡餅  
*Egg, leek, dry tofu, and sweet potato vermicelli*
- A11. Pork Shrimp w. Leek Dumpling (Steamed or Fried)(4) ..... 4.50  
鍋貼煎餃  
*Shrimp, pork, Cabbage, leek*
- A12. Pork Wonton w. Chili Oil (8) 6.00  
紅油抄手  
*Pork wonton, sesame, deiced peanuts, and chopped green onion*
- A13. Cucumber Salad ..... 5.50  
涼拌黃瓜  
*Cucumber and chili*
- A14. Spicy Sliced Beef ..... 7.00  
麻辣牛腱  
*Saute beef with cayenne pepper*
- A15. Hong Kong Style Wonton Soup (10) ..... 9.95  
香港式雲吞湯

## Noodle Soup 湯麵



**B1. Lan Zhou Beef Noodle Soup \$9.95**  
蘭州牛肉拉麵  
*Beef shank, radish, chopped green onion and cilantro*

**B2. Tomato Beef Brisket Noodle Soup \$9.95**  
台式番茄牛腩面  
*Supreme beef brisket, pickled cabbage tomato, chopped green onion, and cilantro*



**B3. Hot & Spicy Noodle \$9.95**  
重慶麻辣小面  
*Ground Pork, peanuts, preserved vegetable, spinach, & chopped green onion*

**B4. Chicken Mushroom Noodle Soup \$9.95**  
雞絲蘑菇拉麵  
*Shredded chicken, king oyster mushroom, black fungus, black mushroom, and Hon Shimeji mushrooms*



**B5. Seafood Noodle Soup \$10.95**  
海鮮湯拉麵  
*In season seafood*

**B6. Hong Kong Style Noodle Soup \$8.95**  
港式雲吞麵  
*Hong Kong style noodle w. wonton*



## Cold Noodle/ Stir-Fried Noodle

### 涼麵 / 炒麵

- C1. Cucumber Cold Noodle Salad ... 8.50  
四川涼麵  
*Cucumber, green onion, carrot, homemade special sauce and cilantro*
- C2. Tomato Scrambled Eggs Stir-Fried Noodle ..... 9.95  
西紅柿雞蛋炒麵  
*Tomato, egg, and green onion*
- C3. Mongolian Beef Stir-Fried Noodle 9.95  
蒙古牛炒麵  
*Beef and chef's special sauce*
- C4. Jalapeno Chicken with Stir-Fried Noodle ..... 9.95  
尖椒雞絲炒麵  
*Chicken, Jalapeno, onion, green onion and bean sprout*
- C5. Shredded Chicken with Garlic Sauce Stir-Fried Noodle 9.95  
魚香雞絲炒麵  
*Chicken with garlic sauce*
- C6. Mushu Chicken/ Beef with Stir-Fried Noodle ..... 9.95  
木須炒麵  
*Egg, bell peper, cabbage, bamboo shoot and black fungus*
- C7. Kung Pao Chicken w. Stir-Fried Noodles 9.95  
宮保雞炒麵  
*Chicken with kung pao sauce*

